CROCHET RUBY CASCADE OFF-SHOULDER DRESS



The finished Ruby Cascade off-shoulder crochet dress in ruby red DK cotton blend.

Free pattern from Crochet Patterns Hub · View online: https://crochetpatternshub.com/off-shoulder-crochet-dress-pattern/

FREE · NO SIGNUP

Free Crochet Tools for This Pattern

Check your gauge, estimate yarn and plan your make before you cast on.

Crochet Gauge Calculator
Check stitches and rows per inch before you start.
Open tool →

Crochet Yarn Calculator
Estimate yards and skeins for your size.
Open tool →

Crochet Hook Size Converter
Match 4 mm and 3.5 mm to US and UK sizes.
Open tool →

Crochet Pattern Decoder
Turn any row or round into plain English.
Open tool →

Crochet Project Planner
Plan your 24–34 hour make with a checklist.
Open tool →

Crochet Abbreviations Glossary
Look up sc, ldc, fpdc, bpdc and more.
Open tool →

Browse all free crochet calculators & tools

In This Pattern

1. Skill Level – Advanced Garment Construction
2. Finished Size
3. Materials
4. Stitch Abbreviations
5. Parts List
6. Construction Overview
7. Gauge
8. Bodice Panel
9. Upper Bodice Shaping
10. Halter Casing
11. Halter Cord
12. Waist Panel
13. Skirt Foundation
14. First Ruffle Tier
15. Second Ruffle Tier
16. Third Ruffle Tier
17. Skirt Edge
18. Detached Sleeves
19. Sleeve Expansion
20. Cuff
21. Underarm Elastic Loop
22. Placement Order
23. Overlap Order
24. Assembly
25. Final Checklist

Crochet Dress Diagrams, Charts and Size Details
More Free Crochet Tools for Garment Makers
Off-Shoulder Crochet Dress Pattern FAQ
More Free Crochet Clothing Patterns

About This Off-Shoulder Crochet Dress Pattern

This off-shoulder crochet dress pattern makes a fitted ribbed bodice, a sculpted waist panel, three scalloped skirt ruffles and a pair of detached balloon sleeves, all in ruby red DK cotton blend. The bodice is crocheted vertically in back-loop-only single crochet, joined into a tube and shaped with linked double crochet and post stitches, then finished with an elastic neckline casing and a crossed halter cord. It is written for sizes XS (S, M, L, XL) in US crochet terms with a 4 mm hook, and the finished dress is 27 in / 69 cm long. It is rated advanced garment construction, so before you cast on, check your tension with the crochet gauge calculator, work out your yardage with the crochet yarn calculator and refresh the basics in our guide to how to read crochet patterns. If you love garment patterns, you will also like our Striped Maxi Dress, Granny Square Top and Skirt Set and Open-Lace Crochet Cardigan, or browse every free crochet pattern and all of our free crochet clothing and wearable patterns.

Pattern at a glance	
Skill level	Advanced garment construction
Sizes	XS (S, M, L, XL)
Finished bust	30 (34, 38, 42, 46) in
Dress length	27 in / 69 cm
Yarn	DK weight cotton blend, 1450 (1600, 1780, 1950, 2200) yds
Hooks	4 mm main hook, 3.5 mm edging hook
Gauge	15 ldc × 10 rows = 4 × 4 in / 10 × 10 cm
Time	24–34 hours
Terms	US crochet terms

1. Skill Level – Advanced Garment Construction

This is an advanced garment pattern. Required techniques:

- Garment shaping
- Ribbed crochet
- Linked double crochet
- Elastic casing
- Sleeve shaping
- Tiered ruffles
- Joined rounds
- Waist contour shaping

Estimated completion time: 24–34 hours. Plan your make-time and tick off each stage with our free crochet project planner. New to linked stitches? Warm up with our how to double crochet guide and the how to start a crochet chain tutorial first.

2. Finished Size

Written for XS (S, M, L, XL).

Measurement	XS	S	M	L	XL
Finished bust (in)	30	34	38	42	46
Finished waist (in)	24	28	32	36	40
Finished hip flare (in)	38	42	46	50	54

Dress length: 27 in / 69 cm. **Sleeve length:** 19 in / 48 cm.

3. Materials

Yarn

DK weight cotton blend in ruby red. Suggested yarns: YarnArt Jeans, Hobbii Friends Cotton Silk or Paintbox Cotton DK.

Yardage	XS	S	M	L	XL
Yards	1450	1600	1780	1950	2200

Swatching and tension change yardage, so double-check your total with the crochet yarn calculator before you buy.

Hooks

- 4 mm main hook
- 3.5 mm edging hook

Need US or UK equivalents? Use the crochet hook size converter to match 4 mm and 3.5 mm hooks to your own set.

Notions

- 8 mm elastic
- Stitch markers
- Measuring tape
- Tapestry needle
- Optional cord stoppers

4. Stitch Abbreviations

This pattern uses US crochet terms. If you usually crochet in UK terms, run it through the US/UK crochet terms converter; for any other abbreviation, check the crochet abbreviations glossary.

Abbreviation	Meaning
MR	magic ring
ch	chain
sl st	slip stitch
sc	single crochet
hdc	half double crochet
dc	double crochet
ldc	linked double crochet
fpdc	front post double crochet
bpdc	back post double crochet
inc	increase
dec	decrease
RS	right side
WS	wrong side
BLO	back loop only
FLO	front loop only

Stuck on a long round? Paste it into the crochet pattern decoder to see it in plain English with a stitch-count check. If you use a magic ring in other projects, see our magic ring tutorial; for increases, see how to increase in crochet.

5. Parts List

Section	Parts
Bodice	Ribbed upper bodice, waist panel, neckline casing
Skirt	Main skirt base, first ruffle tier, second ruffle tier, third ruffle tier
Sleeves	2 detached balloon sleeves, 2 cuff bands
Details	Halter cords, elastic casing, underarm support loops

6. Construction Overview

Construction order:

1. Crochet ribbed bodice vertically
2. Join into tube
3. Shape upper bodice
4. Create neckline casing
5. Insert elastic
6. Add halter cord
7. Crochet waist panel
8. Build skirt foundation
9. Add layered ruffles
10. Create sleeves
11. Finish edging
12. Steam block lightly

7. Gauge

Using a 4 mm hook: **15 ldc × 10 rows = 4 × 4 in / 10 × 10 cm.**

- **Ribbing gauge:** slightly stretched measurement.
- **Blocking:** light steam only.
- Do not overstretch ribbing.

Not sure how many stitches fit your swatch? Enter it into the crochet gauge calculator to get stitches and rows per inch, and use the hook size converter if you need to go up or down a hook size to hit gauge.

8. Bodice Panel

Worked vertically in rows.

Row / Round	Instructions
Foundation	Ch 14 (16, 18, 20, 22).
Row 1	Starting in 2nd ch from hook: sc across. **Total:** 13 (15, 17, 19, 21) sts.
Row 2	Ch 1, turn, BLO sc across.
Rows 3–84 (92, 100, 108, 116)	Repeat Row 2.

Panel width after stretch: 30 (34, 38, 42, 46) in. Join short ends using sl st through BLO. This creates a ribbed tube.

9. Upper Bodice Shaping

Work around the upper edge.

Row / Round	Instructions
Round 1	Sc evenly around. **Total:** 84 (92, 100, 108, 116) sts. Place markers at front center, back center and side seams.
Round 2	Ldc around.
Round 3	(Sc 12, dec) repeat around. **Total:** 78 (85, 92, 99, 106) sts.
Round 4	Ldc around.
Round 5	Fpdc around.
Round 6	Bpdc around.

Repeat Rounds 5–6 for 4 total rounds. This creates a sculpted rib texture.

10. Halter Casing

Row / Round	Instructions
Round 7	BLO hdc around. Creates the fold line.
Round 8	Sc around.

Fold the casing inward and sew neatly. Insert 8 mm elastic. **Elastic length:** bust minus 2–3 inches. **Optional:** insert a hidden support cord inside the casing.

11. Halter Cord

Foundation: Ch 180. Thread through the neckline casing and tie the ends securely. **Optional:** add cord stoppers.

12. Waist Panel

Attach yarn at the lower bodice edge.

Row / Round	Instructions
Round 1	Ldc around.
Round 2	(Sc 12, dec) repeat around. **Total:** 72 (78, 84, 90, 96) sts.
Round 3	Fpdc around.
Round 4	Bpdc around.

Repeat Rounds 3–4 for 4 total rounds. **Waist height:** 2.5 in / 6.5 cm.

13. Skirt Foundation

Row / Round	Instructions
Round 1	(1 ldc, inc) repeat around. Creates a gradual flare.
Round 2	Ldc evenly around.
Round 3	(2 ldc, inc) repeat around. Creates smooth volume without excessive weight.
Round 4	Ldc evenly around.

14. First Ruffle Tier

Row / Round	Instructions
Rounds 5–10	Alternate: ldc rounds; fpdc rib texture every 6 stitches.
Round 11 – Expansion	(Sc 6, inc) repeat around. Creates controlled fullness.
Rounds 12–15	Ldc evenly.

15. Second Ruffle Tier

Attach yarn inside Round 8 FLO.

Row / Round	Instructions
Round 1	(2 ldc in every 4th stitch). Creates a medium layered ruffle.
Rounds 2–5	Ldc evenly.

Tier depth: 4 in / 10 cm.

16. Third Ruffle Tier

Attach yarn inside Round 12 FLO.

Row / Round	Instructions
Round 1	(2 ldc in every 3rd stitch). Creates fuller lower movement without excess bulk.
Rounds 2–5	Ldc evenly.

17. Skirt Edge

Final edging: sc around the entire hem. Then work 1 round of crab stitch only. Do not over-tighten the edge.

18. Detached Sleeves

Make 2.

Row / Round	Instructions
Foundation	Ch 36 (40, 44, 48, 52). Join carefully.
Round 1	Sc around.
Round 2	Fpdc around.
Round 3	Bpdc around.

Repeat Rounds 2–3 for 24 rounds.

19. Sleeve Expansion

Row / Round	Instructions
Round 25	(Sc 5, inc) repeat around.
Rounds 26–28	Ldc evenly.
Round 29	(Sc 6, inc) repeat around.
Rounds 30–32	Ldc evenly.

Continue increasing every 4th round until the sleeve circumference reaches 16 (17, 18, 19, 20) in. This creates smoother balloon shaping.

20. Cuff

Row / Round	Instructions
Rounds 40–46	Alternate fpdc, bpdc.

Optional: insert elastic inside the cuff. This prevents slipping.

21. Underarm Elastic Loop

Foundation: Ch 18. Join into a loop and attach to the inner upper sleeve edge. This helps the sleeves stay in position.

22. Placement Order

Layer	Piece
Bottom layer	Main skirt panel
Middle layer	Second ruffle tier
Top layer	Third ruffle tier
Then add	Sleeves, neckline casing, halter cord

23. Overlap Order

- **Top ruffle overlaps middle tier:** 1 in.
- **Middle tier overlaps lower tier:** 1.25 in.
- Sleeves sit slightly below the shoulder line.

24. Assembly

1. Crochet bodice panel
2. Join into tube
3. Shape upper bodice
4. Create neckline casing
5. Insert elastic
6. Add halter cord
7. Crochet waist panel
8. Build skirt foundation
9. Add first ruffle tier
10. Add second ruffle tier

11. Add third ruffle tier
12. Crochet sleeves
13. Add cuffs
14. Attach underarm loops
15. Steam block lightly

25. Final Checklist

- Bodice fits snugly
- Waist shaping symmetrical
- Neckline elastic secure
- Halter centered
- Sleeve lengths equal
- Ruffle overlap balanced
- Hemline level
- No twisting in tiers
- Ribbing aligned vertically
- Elastic hidden neatly
- Ends woven securely

Crochet Dress Diagrams, Charts and Size Details

Use these charts alongside the written pattern: the first sheet shows every stitch diagram, the second covers stitch counts, flare measurements and the sleeve increase schedule, and the third adds a detailed size chart, layer overlap and elastic insertion guide. Tap an image to view it full size.

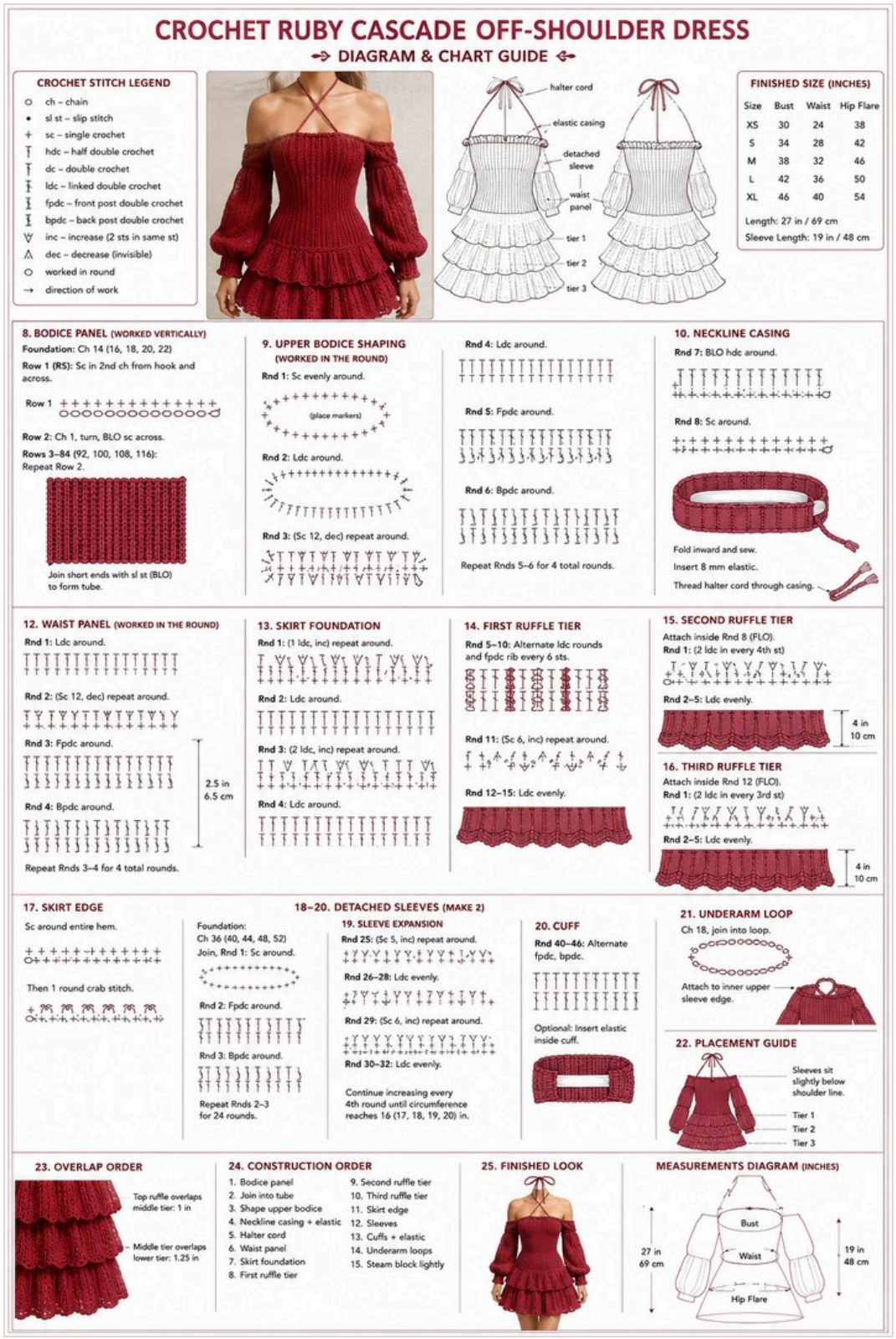
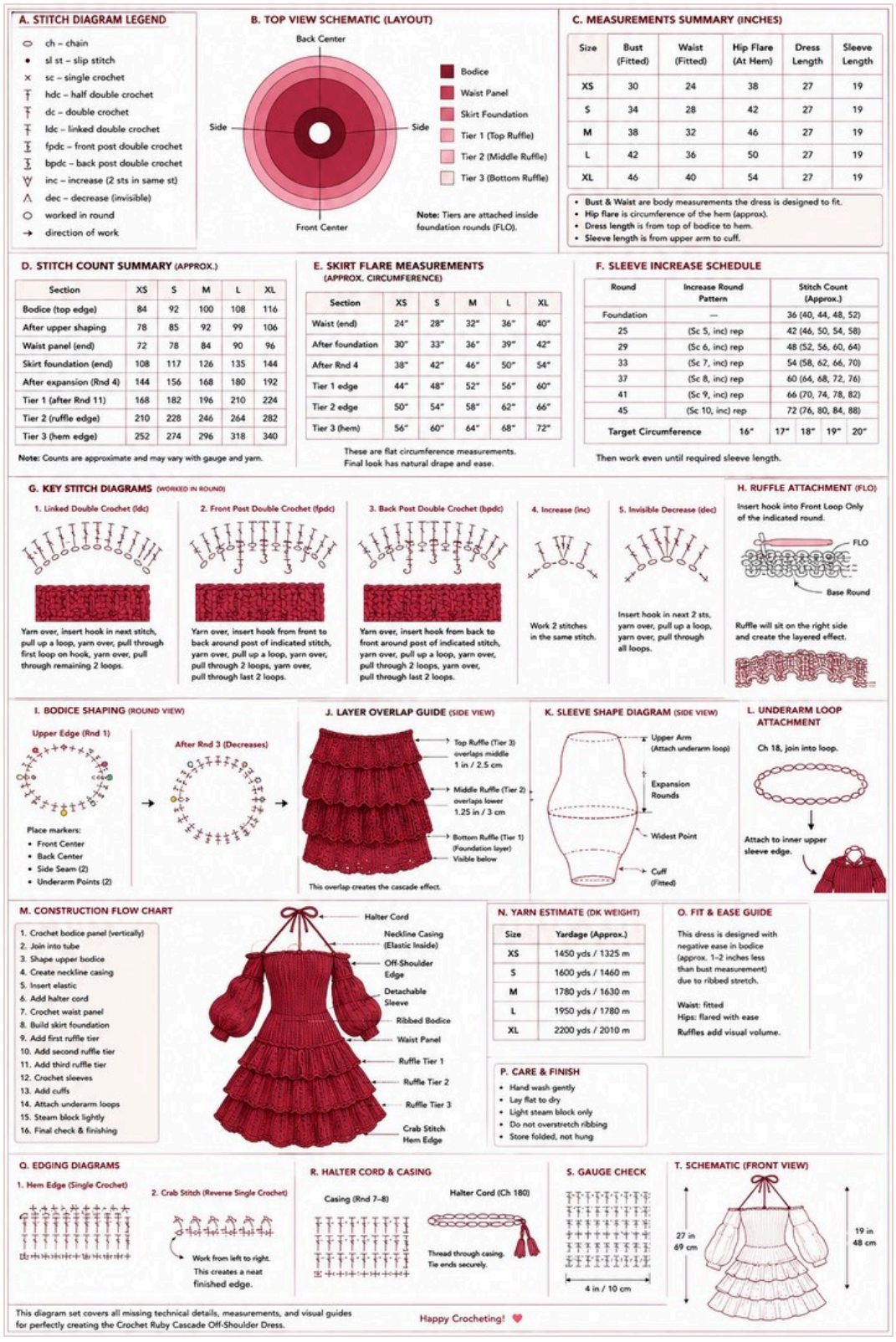
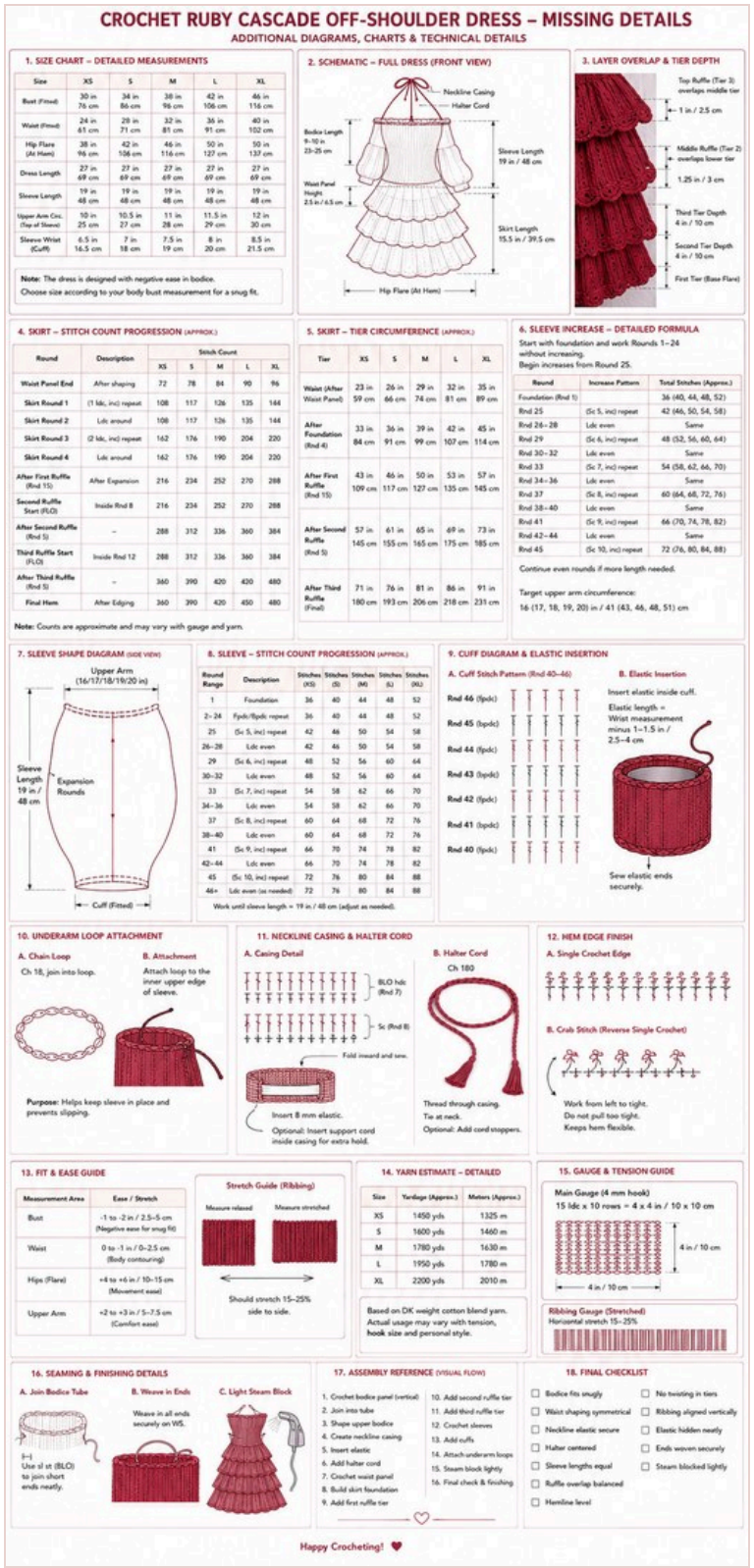


Diagram and chart guide: stitch legend, bodice, skirt tiers, sleeves, overlap order and measurements.



Technical diagrams: stitch counts, skirt flare measurements, sleeve increase schedule, edging and halter cord.



Extra details: size chart, schematic, layer overlap, sleeve shape, elastic insertion, fit and ease guide.

More Free Crochet Tools for Garment Makers

A garment this size rewards a little planning. Our free crochet calculators and tools include the gauge calculator, yarn calculator, hook size converter, pattern decoder and project planner. If you plan to sell finished dresses, the crochet pricing calculator adds materials, time, overhead and profit to give a fair retail price for a make that takes 24–34 hours.

Off-Shoulder Crochet Dress Pattern FAQ

What skill level is this off-shoulder crochet dress?

It is an advanced garment pattern. You will need garment shaping, ribbed crochet, linked double crochet, elastic casing, sleeve shaping, tiered ruffles, joined rounds and waist contour shaping. If linked stitches are new to you, start with our double crochet tutorial and how to read crochet patterns.

How much yarn do I need for the Ruby Cascade dress?

You need 1450 (1600, 1780, 1950, 2200) yds of DK weight cotton blend for sizes XS (S, M, L, XL). Check your own total with the crochet yarn calculator.

What hook size does the dress use?

The main hook is 4 mm and the edging hook is 3.5 mm. The crochet hook size converter shows the US and UK equivalents.

How long does the dress take to crochet?

Allow about 24–34 hours. The crochet project planner helps you estimate a finish date and keep track of each stage.

Is this pattern written in US or UK terms?

US terms. If you crochet in UK terms, paste the pattern into the US/UK crochet terms converter.

How should I block the dress?

Block with light steam only and do not overstretch the ribbing.

More Free Crochet Clothing Patterns

- Crochet Striped Maxi Dress Pattern – a fitted bodycon dress with a slit, sizes S–XL.
- Crochet Granny Square Top and Skirt Set – a free two-piece set.
- Open Lace Crochet Cardigan Pattern – a cropped puff-lace button cardigan.
- Mesh Bucket Hat Crochet Pattern – a brown openwork summer hat.
- Browse all free crochet clothing and wearables patterns, every free crochet pattern, or our crochet tutorials to build your skills.